



I have decided that the culinary and fine wine delights of serving as your Sheriff of the City of London are expanding an already large girth and that the time has come to do something about it!

As Sheriff, residing as I do at the Old Bailey this year, I am taking an active interest in supporting the work of the Sheriffs' and Recorder's Fund <http://www.srfund.org.uk/> which, founded in 1808, gives small grants to ex-prisoners and their families in London to help them to stop offending and start a new life.

When a prisoner is discharged the Government gives them a resettlement grant of just £46 so accordingly I am aiming to lose 46 lbs in weight.

Every pound of sponsorship for my challenge counts and accordingly could I invite you to kindly visit my Just Giving page at <https://www.justgiving.com/fundraising/Christopher-Hayward4> and to make whatever contribution you see fit please.

I am determined to achieve my target and with your help, as one of those who supported my Shrieval Campaign, I know that I can do it.

Thanking you in anticipation of your support.

As ever

Chris Hayward CC
Sheriff of The City of London